

## Cayman Islands Swimming 2017 Island Games Time Standards

### 18 and Under Standards

Men		Individual Events	Women	
25m Pool	50m Pool		50m Pool	25m Pool
24.00	24.80	50m Free	28.67	27.87
51.54	53.14	100m Free	1:02.09	1:00.49
1:57.63	2:00.82	200m Free	2:13.15	2:09.96
4:07.54	4:13.93	400m Free	4:44.35	4:37.96
16:25.89	16:49.88	1500/800m Free	9:50.13	9:37.34
27.75	28.35	50m Back	32.35	31.75
59.33	1:00.53	100m Back	1:08.00	1:06.80
2:10.41	2:12.81	200m Back	2:27.96	2:25.56
31.01	32.01	50m Breast	34.81	33.81
1:06.87	1:08.87	100m Breast	1:15.71	1:13.72
2:24.08	2:28.08	200m Breast	2:48.59	2:44.60
25.48	26.17	50m Fly	30.30	29.60
56.28	57.67	100m Fly	1:06.82	1:05.42
2:10.42	2:13.21	200m Fly	2:28.40	2:25.60
59.46	*****	100m IM	*****	1:08.74
2:11.55	2:14.75	200m IM	2:28.91	2:25.72
4:43.81	4:50.20	400m IM	5:23.91	5:17.52

## Cayman Islands Swimming 2017 Island Games Time Standards

### 18 and Older Standards

	Men		Individual Events	Women	
	25m Pool	50m Pool		50m Pool	25m Pool
	23.62	24.42	50m Free	27.33	26.54
**	50.22	51.82	100m Free	59.55	57.95
	1:52.03	1:55.23	200m Free	2:08.62	2:05.42
	3:55.75	4:02.15	400m Free	4:31.12	4:24.72
	15:38.94	16:02.94	1500/800m Free	9:22.79	9:10.00
	26.43	27.03	50m Back	30.83	30.24
	56.50	0:57.70	100m Back	1:05.14	1:03.94
	2:06.25	2:08.65	200m Back	2:21.03	2:18.63
	29.53	30.53	50m Breast	33.20	32.20
	1:03.69	1:05.68	100m Breast	1:12.20	1:10.21
	2:17.22	2:21.21	200m Breast	2:41.08	2:37.08
**	25.11	25.80	50m Fly	28.89	28.19
**	55.01	56.40	100m Fly	1:04.15	1:02.76
	2:04.00	2:06.79	200m Fly	2:21.46	2:18.67
	56.63	*****	100m IM	*****	1:05.65
	2:05.29	2:08.49	200m IM	2:21.97	2:18.78
	4:30.30	4:36.69	400m IM	5:10.85	5:04.46